

## SOUP MENU

Soup List Week 1		Soup List Week 2		Soup List Week 3	
<b><u>MONDAY</u></b>		<b><u>MONDAY</u></b>		<b><u>MONDAY</u></b>	
8900021N	Indonesian Chicken (df)	8900021N	Indonesian Chicken (df)	8900021N	Indonesian Chicken (df)
8900076N	Butternut & Lentil (vg,gf,df)	8900063N	Thai Green Lentil (vg,gf,df)	8900076N	Butternut & Lentil (vg,gf,df)
8900074N	Green Thai Chicken (gf,df)	8900023N	Chicken Sambar Dahl (gf,df)	8900074N	Green Thai Chicken (gf,df)
<b><u>TUESDAY</u></b>		<b><u>TUESDAY</u></b>		<b><u>TUESDAY</u></b>	
8900021N	Indonesian Chicken (df)	8900021N	Indonesian Chicken (df)	8900021N	Indonesian Chicken (df)
8900061N	Med Roast Tomato & Pepper (vg,gf,df)	8900061N	Med Roast Tomato & Pepper (vg,gf,df)	8900061N	Med Roast Tomato & Pepper (vg,gf,df)
8900025N	Chicken & Vegetable	8900022N	Red Thai Chicken & Coconut (gf)	8900022N	Red Thai Chicken & Coconut (gf)
<b><u>WEDNESDAY</u></b>		<b><u>WEDNESDAY</u></b>		<b><u>WEDNESDAY</u></b>	
8900021N	Indonesian Chicken (df)	8900021N	Indonesian Chicken (df)	8900021N	Indonesian Chicken (df)
8900064N	Moroccan Sweet Potato & Chickpea (vg,gf,df)	8900064N	Moroccan Sweet Potato & Chickpea (vg,gf,df)	8900064N	Moroccan Sweet Potato & Chickpea (vg,gf,df)
8900022N	Red Thai Chicken & Coconut (gf)	8900041N	Tuscan Meatballs (gf,df)	8900041N	Tuscan Meatballs (gf,df)
<b><u>THURSDAY</u></b>		<b><u>THURSDAY</u></b>		<b><u>THURSDAY</u></b>	
8900021N	Indonesian Chicken (df)	8900021N	Indonesian Chicken (df)	8900021N	Indonesian Chicken (df)
8900067N	Wild Mushroom (v,gf)	8900066N	Sweet Potato & Coconut (vg,df)	8900066N	Sweet Potato & Coconut (vg,df)
8900022N	Red Thai Chicken & Coconut (gf)	8900022N	Red Thai Chicken & Coconut (gf)	8900022N	Red Thai Chicken & Coconut (gf)
<b><u>FRIDAY</u></b>		<b><u>FRIDAY</u></b>		<b><u>FRIDAY</u></b>	
8900021N	Indonesian Chicken (df)	8900021N	Indonesian Chicken (df)	8900021N	Indonesian Chicken (df)
8900066N	Sweet Potato & Coconut (vg,df)	8900065N	Italian Minestrone (v,df)	8900063N	Thai Green Lentil (vg,gf,df)
8900028N	Caribbean Chicken (gf,df)	8900028N	Caribbean Chicken (gf,df)	8900028N	Caribbean Chicken (gf,df)

v - vegetarian

vg - vegan

df - dairy free

ls - low salt

gf - gluten free

lf - low fat