



Soup list Week 1

Monday

GREEN THAI CHICKEN (REDEMPTION)

Malaysian Broth with Kelp Noodles (soulful)

Tuesday

Chicken Broth

Med Roast Tomato & Pepper

Wednesday

Moroccan Sweet Potato

Indonesian Chicken

Thursday

Red Thai Chicken & Coconut

WILD MUSHROOM

Friday

Chicken Laksa

Sweet Potato and Coconut



Soup list Week 2

Monday

Chicken Sambar

Thai Green Lentil Spinach and coconut

Tuesday

Indonesian Chicken

Chunky Spiced Tomato

Wednesday

Tuscany Meatball

Moroccan Sweet Potato

Thursday

Red Thai Chicken & Coconut

Sweet Potato and Coconut

Friday

HUNGARIAN GOULASH (SOULFUL)

Parsnip and Chilli