

THE SANDWICHMAN

FARRINGDON DEPOT 020 7833 9001

LAMBETH DEPOT 020 7582 5144

HAMMERSMITH DEPOT 020 8563 9540

sales@sandwichman.co.uk**SANDWICH
MAN**
MADE TODAY · SOLD TODAY**SPREADING GOOD
FILLINGS SINCE 1984
VALID FROM 03/12/2019****BAGELS**

Smoked Salmon Cream Cheese Granary Multi Cereal Bagel	£3.40
Bacon, Avocado, Cream Cheese, Tomato & Red Onion in a Plain Bagel	£3.20

CRUSTY BAGUETTES

Spicy Tuna Mexican Baguette	£3.20
Ham & Cheddar Cheese with Butter	£3.20
BLT Bacon Lettuce Tomato & Mayonnaise	£3.20
Bacon & Brie	£3.20
Chicken & Bacon / Classic Chicken & Mayo Salad	£3.20
Chicken Escalope, Chive Aioli & B/Leaf	£3.30
Classic Cheddar Cheese & Salad (v)	£3.00
Cheddar Cheese & Pickle in a French Baguette (v)	£3.00

MULTICEREAL GRANARY BAGUETTE

Tuna Mayo & Cucumber (df)	£3.20
Tuna, Black Olives, Sliced Egg & Leaves (df)	£3.30
Roast Beef, Horseradish Mayo, Red Onion & Rocket (df)	£3.40
Brie, Cranberry, Pine Nuts & Rocket (v)	£3.40
Goats Cheese, Fruit Chutney, Chilli & Spinach (v)	£3.30
Mozzarella, Pesto, Tomato & Basil (v)	£3.20
Hummus, Falafel, Grated Carrot & Spinach (v)	£3.20

OTHER BAGUETTES

Roasted Ham, Egg Mayo & Spinach - Heritage Stone-baked (df)	£3.40
4C's Cheddar, Chipotle, Chilli Jam & Coriander Heritage S/baked Baguette (v)	£3.30
Home Cooked Ham & Salad in a Rustic Baguette (df)	£3.60
Char Grilled Chicken, Low Fat Mayo, Salad Wholemeal Bag (df)	£3.20

ASSORTED BAPS

Big Breakfast Bap in a Millar Flaguette Brown Bap	£3.50
Pulled Pork, BBQ Sauce, Chilli Slaw & B/Leaf in a Ciabatta Bap (df)	£3.50
Chunky Egg Mayo, Tomato & Rocket in a Flaguette Bap (v) (df)	£2.90

ITALIAN BAGUETTES

Egg Mayo & Bacon (df) / Chorizo & Cheddar / Salami & Smoked Cheese	£3.20
Chicken Mayo, Sweetcorn & B Leaf (df) / Chicken Piri Piri Coriander (df)	£3.20
Coronation Chicken & Mixed Leaf (in a Seeded Ital Baguette) (df)	£3.20
Chicken Mayo & Avocado (df)	£3.30

DOORSTEP BLOOMERS & DEEP FILLED SANDWICHES

Chicken & Bacon Royale w. Cos Granary Bloomer (df)	£3.30
Chicken Escalope, Italian Coleslaw, Roast Tom, Mayo (df)	£3.30
Pastrami, Swiss Cheese, Cornichon, Piccalilli, Must Mayo	£3.60
Ham, Egg, Mustard & Salad White Bloomer (df)	£3.20
Sensational Club Sandwich in a Granary Bread (df)	£3.20
Avocado, Olives & Rocket in a Wholemeal Sandwich Bread (ve)	£3.00

OTHER SPECIALITY BREADS

Tuna, Pesto, Mayo, Sun Dried Tom, Parmesan & Rocket Olive Focaccia (df)	£3.30
Chicken Mayo, Toasted Almonds & Rocket in a Sun Dried Tomato Ciabatta	£3.40
Serrano Ham, Mozzarella & Tomato on Filoncino Roll	£2.90
Pan Fried Halloumi, Hummus & Rocket Square Ciabatta (v)	£3.30
Hummus Crumbled Feta Jalapeno Pepper in a Sun Dried Tom Ciabatta (v)	£3.40
Roast Chicken Mayo Tomato & Baby Leaf in a Square Focaccia (df)	£3.20
Ham & Emmental in a Large French Butter Croissant	£3.30
Cheddar & Tomato in a Large French Butter Croissant (v)	£3.10
Large French Butter Croissant (No Filling) (v)	£1.80

GLUTEN FREE WHITE ROLLS

Choice of Tuna/Chicken/ Hummus Gluten Free White Rolls	£3.50
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FAB CRUSTY AND SOFT ROLLS

Cheddar & Branston Pickle (v) / Cheddar & Onion (v)	£1.60
Egg Mayo & Cress (v) (df)	£1.60
Cheddar & Tomato (v) / Tuna Mayo & Cucumber (df)	£1.70
Ham & Cheddar / Ham & Tomato (df) / Ham & Mustard (df)	£1.70
Chicken Mayo Sweetcorn Crusty (df)	£1.70

HEAT ME ROLLS

Fish Fingers, Cheese & Tartar Sauce Roll / Double Fried egg Roll (v)	£2.10
Bacon Roll / Sausage Roll / Double Fried egg (v)	£2.20
Bacon & Egg / Sausage & Egg	£2.30

STACKED WRAPS

Chicken, Spinach, Sweet Chilli & Honey Lime Mayo (df)	£3.50
Cajun Chicken, Yoghurt & Mint Dressing & Coriander	£3.50
Hoi-Sin Duck, Red Onion, Cucumber & Iceberg (df)	£3.50
Falafel, Tabbouleh, Mint Yoghurt & Spinach Wrap (v)	£3.40
Chicken Fajita in an Original Paninette Wrap	£3.50

Beef Meatball Wrap with Spicy Slaw & Homemade Tomato Sauce (df)	£3.50
Vegan Rainbow Wrap (ve)	£3.50
Hummus, Falafel & Grated Carrot Wrap (ve)	£3.30
Hummus, Aubergines, Roasted Tom, Cori, B/Leaf in W/Meal Paninette (ve)	£3.30

HEALTHY SALADS

Small Salad - Feta Couscous, Chickpea Salsa (v) / Little Veggie Cowboy (v)	£3.00
Roast Salmon, Wild Rice, Cranberry & Edamame Salad (gf, df)	£5.00
Pasta Nicoise Tuna Bowl	£4.70
Mango Chicken Bowl (gf, df)	£4.60
Cajun Chicken & Raw Slaw Salad (gf)	£4.60
Hail Chicken Caesar & Egg Salad	£4.60
Tandoori Chicken Salad Bowl (gf)	£4.60
Iron Man Protein Salad (ve)	£4.60
Kale & Co (ve, gf)	£4.60
Egg & Spinach Protein Pot (v, df, gf))	£1.40

FRESH FRUIT & YOGHURTS

Fresh Whole Fruit - Apples / Bananas (ve, gf)	£0.60
Fresh Fruit Salad Pots Large (ve, gf)	£3.00
Fresh Pineapple Pots (ve, gf)	£2.40
Freshly Cut Orange Slices (ve, gf)	£2.40
Greek Yoghurt with Granola, Banana & Honey (v)	£2.50

HOMEMADE HOT MEALS (PRODUCTS MAY NOT BE AVAILABLE EVERY WEEK)

Classic Fish Pie	£4.50	Chicken Creamy Peppercorn	£4.50	WK1
Chicken Escalope Spag Napoli	£4.50	Sweet & Sour Chicken & Rice	£4.50	WK1
Pork Stroganoff Penne Pasta	£4.50	Lentil Daal Rice Ind Burrito(v)	£4.50	WK1
Ricotta & Spin Cannelloni(v)	£4.50	Jerk Chicken & Rice	£4.50	WK1
Salmon, W/crest, Peas, Pot(gf)	£4.50	Lamb Rogan Josh Pilau Rice	£4.50	WK2
Chunky Winter Beef Chilli	£4.50	Paella & Spanish Chicken	£4.50	WK2
Moroccan Chicken Couscous	£4.50	Chicken Veg Ginger Egg Ndle	£4.50	WK2
Penne Pasta Fiorentina (v)	£4.50	Mexican Vegetable Burrito(v)	£4.50	WK2
Blackened Asian Salmon Rice	£4.50	The Full English Breakfast	£4.50	WK3
Chicken Korma Curry Spicy Pot	£4.50	Killer Cod Fish Fingers	£4.50	WK3
Thai Green Chkn Curry & Rice	£4.50	Veg Curry M/room Pilau (v)	£4.50	WK3
M/room Strog Penne Pasta (v)	£4.50	Chicken Spicy Sce Spag	£4.50	WK3

In addition every day we produce one Special Vegan Hot Food £4.50

JACKET POT VARIOUS FILLINGS PRICES FROM	£3.80
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FRESH HOT SOUP - Wide selection	£2.10
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SAVOURY PASTRIES

Samosas - Veg (v), Chicken or Lamb	£1.20
Large Sausage Roll / Vegan Sausage Roll (ve)	£1.90
Spinach & Ricotta Slice (v)	£2.00
Chicken Mushroom Slice	£2.20

TREAT YOURSELF CAKES

Homemade Chocolate Brownie & Flapjacks	£1.60
Luxury Muffins - Cherry, Blueberry or Chocolate	£1.50
Danish Pastries	£1.40
Lizzies Flapjacks, Slices & Cookies, Grab Butter Flapjacks	£1.30
Family Cake Slices	£1.70

THIRST QUENCHING DRINKS

Cans - Coke,	£0.90
Ginger Beer, Fanta, Sprite, Rio, Diet Coke, Coke Zero, Fanta Zero, Sprite Zero	£0.85
Sparkling Water 0.70p / Still Water 0.60p	
Lucozade Original & Orange	£1.15
Ribena	£0.75

Red Bull £1.60 / Red Bull Sugar Free £1.50	
San Pellegrino / St Helier Soft Drinks 330ml Cans	£0.85
Sun Magic Fruit Juices x500ml	£1.40

FILL THE GAP LETS HAVE A SNACK

Burts Crisps, Pipers, M/Munch, Wotsits, S-a-Jacks, Doritos	£0.85
Walkers Crisps, Quavers	£0.70
Pop-Chips	£0.90
Bare Popcorn & Burts Lentil Waves £0.80 / Chocolate, Snack & Biscuit Bars	£0.75
Trek Energy Bars £1.30 N'eat & Healthy Bars £1.10/Eat Nat Bars £1.20	
Nudie C/nut Flakes £1.30/Snacking Ess £1.30/Snacking Ess Nuts £1.90	
Nudie Protein Balls £1.70	

Index: ve - Vegan v - Vegetarian gf - Gluten Free df - Dairy Free

MADE TODAY AND SOLD TODAY & DELIVERED DIRECT TO YOUR DESK!
FOR THE BEST SANDWICH DEALS DELIVERED ON 2 WHEELS! WE ALSO DO PLATTERS!
The Sandwich Man, 23-24 Easton Street, London, WC1X ODS. Tel: 020 7833 9001