

THE SANDWICHMAN

FARRINGDON DEPOT 020 7833 9001

LAMBETH DEPOT 020 7582 5144

HAMMERSMITH DEPOT 020 8563 9540

sales@sandwichman.co.uk**SANDWICH
MAN**
MADE TODAY · SOLD TODAY**SPREADING GOOD
FILLINGS SINCE 1984**

VALID FROM 11/11/2019

BAGELS		Beef Meatball Wrap with Spicy Slaw & Homemade Tomato Sauce (df) £3.50	
Smoked Salmon Cream Cheese Granary Multi Cereal Bagel	£3.40	Vegan Rainbow Wrap (ve)	£3.50
Bacon, Avocado, Cream Cheese, Tomato & Red Onion in a Plain Bagel	£3.20	Hummus, Falafel & Grated Carrot Wrap (ve)	£3.30
CRUSTY BAGUETTES		Hummus, Aubergines, Roasted Tom, Cori,B/Leaf in W/Meal Paninette (ve)	£3.30
Spicy Tuna Mexican Baguette	£3.20	HEALTHY SALADS	
Ham & Cheddar Cheese with Butter	£3.20	Small Salad –Feta Couscous, Chickpea Salsa (v) / Little Veggie Cowboy (v)	£3.00
BLT Bacon Lettuce Tomato & Mayonnaise	£3.20	Roast Salmon, Wild Rice, Cranberry & Edamame Salad (gf, df)	£5.00
Bacon & Brie	£3.20	Pasta Nicoise Tuna Bowl	£4.70
Chicken & Bacon / Classic Chicken & Mayo Salad	£3.20	Mango Chicken Bowl (gf, df)	£4.60
Chicken Escalope, Chive Aioli & B/Leaf	£3.30	Cajun Chicken & Raw Slaw Salad (gf)	£4.60
Classic Cheddar Cheese & Salad (v)	£3.00	Hail Chicken Caesar & Egg Salad	£4.60
Cheddar Cheese & Pickle in a French Baguette (v)	£3.00	Tandoori Chicken Salad Bowl (gf)	£4.60
MULTICEREAL GRANARY BAGUETTE		Iron Man Protein Salad (ve)	£4.60
Tuna Mayo & Cucumber (df)	£3.20	Kale & Co (ve, gf)	£4.60
Tuna, Black Olives, Sliced Egg & Leaves (df)	£3.30	Egg & Spinach Protein Pot (v, df, gf)	£1.40
Roast Beef, Horseradish Mayo, Red Onion & Rocket (df)	£3.40	FRESH FRUIT & YOGHURTS	
Brie, Cranberry, Pine Nuts & Rocket (v)	£3.40	Fresh Whole Fruit – Apples / Bananas (ve, gf)	£0.60
Goats Cheese, Fruit Chutney, Chilli & Spinach (v)	£3.30	Fresh Fruit Salad Pots Large (ve, gf)	£3.00
Mozzarella, Pesto, Tomato & Basil (v)	£3.20	Fresh Pineapple Pots (ve, gf)	£2.40
Hummus, Falafel, Grated Carrot & Spinach (v)	£3.20	Freshly Cut Orange Slices (ve, gf)	£2.40
OTHER BAGUETTES		Greek Yoghurt with Granola, Banana & Honey (v)	£2.50
Roasted Ham, Egg Mayo & Spinach - Heritage Stone-baked (df)	£3.40	HOMEMADE HOT MEALS (PRODUCTS MAY NOT BE AVAILABLE EVERY WEEK)	
4C's Cheddar, Chipotle, Chilli Jam & Coriandr Heritage S/baked Baguette (v)	£3.30	Classic Fish Pie	£4.50
Home Cooked Ham & Salad in a Rustic Baguette (df)	£3.60	Chicken Creamy Peppercorn	£4.50
Char Grilled Chicken, Low Fat Mayo, Salad Wholemeal Bag (df)	£3.20	Chicken Escalope Spag Napoli	£4.50
ASSORTED BAPS		Pork Stroganoff Penne Pasta	£4.50
Big Breakfast Bap in a Millar Flaguette Brown Bap	£3.50	Lentil Daal Rice Ind Burrito(v)	£4.50
Pulled Pork, BBQ Sauce, Chilli Slaw & B/Leaf in a Ciabatta Bap (df)	£3.50	<u>Ricotta & Spin Cannelloni(v)</u>	<u>£4.50</u>
Chunky Egg Mayo, Tomato & Rocket in a Flaguette Bap (v) (df)	£2.90	Jerk Chicken & Rice	£4.50
ITALIAN BAGUETTES		Salmon, W/cress, Peas,Pot(gf)	£4.50
Egg Mayo & Bacon (df) / Chorizo & Cheddar / Salami & Smoked Cheese	£3.20	Chunky Winter Beef Chilli	£4.50
Chicken Mayo, Sweetcorn & B Leaf (df) / Chicken Piri Piri Coriander (df)	£3.20	Moroccan Chicken Couscous	£4.50
Coronation Chicken & Mixed Leaf (in a Seeded Ital Baguettel) (df)	£3.20	<u>Penne Pasta Fiorentina (v)</u>	<u>£4.50</u>
Chicken Mayo & Avocado (df)	£3.30	Blackened Asian Salmon Rice	£4.50
DOORSTEP BLOOMERS & DEEP FILLED SANDWICHES		Chicken Korma Curry Spicy Pot£4.50	£4.50
Chicken & Bacon Royale w. Cos Granary Bloomer (df)	£3.30	Thai Green Chkn Curry & Rice	£4.50
Chicken Escalope, Italian Coleslaw, Roast Tom, Mayo (df)	£3.30	Mushroom Stroganoff Rice (v)	£4.50
Pastrami, Swiss Cheese, Cornichon, Piccalilli, Must Mayo	£3.60	Chicken Spicy Sauce Rice	£4.50
Ham, Egg, Mustard & Salad White Bloomer (df)	£3.20	<i>In addition every day we produce one Special Vegan Hot Food £4.50</i>	
Sensational Club Sandwich in a Granary Bread (df)	£3.20	JACKET POT VARIOUS FILLINGS PRICES FROM £3.80	
Avocado, Olives & Rocket in a Wholemeal Sandwich Bread (ve)	£3.00	FRESH HOT SOUP – Wide selection £2.10	
OTHER SPECIALITY BREADS		SAVOURY PASTRIES	
Tuna, Pesto, Mayo, Sun Dried Tom, Parmesan & Rocket Olive Focaccia (df)	£3.30	Samosas – Veg (v), Chicken or Lamb	£1.20
Chicken Mayo, Toasted Almonds & Rocket in a Sun Dried Tomato Ciabatta	£3.40	Large Sausage Roll / Vegan Sausage Roll (ve)	£1.90
Serrano Ham, Mozzarella & Tomato on Filoncino Roll	£2.90	Spinach & Ricotta Slice (v)	£2.00
Pan Fried Halloumi, Hummus & Rocket Square Ciabatta (v)	£3.30	Chicken Mushroom Slice	£2.20
Hummus Crumbled Feta Jalapeno Pepper in a Sun Dried Tom Ciabatta (v)	£3.40	TREAT YOURSELF CAKES	
Roast Chicken Mayo Tomato & Baby Leaf in a Square Focaccia (df)	£3.20	Homemade Chocolate Brownie & Flapjacks	£1.60
Ham & Emmental in a Large French Butter Croissant	£3.30	Luxury Muffins – Cherry, Blueberry or Chocolate	£1.50
Cheddar & Tomato in a Large French Butter Croissant (v)	£3.10	Danish Pastries	£1.40
Large French Butter Croissant (No Filling) (v)	£1.80	Lizzies Flapjacks, Slices & Cookies, Grab Butter Flapjacks	£1.30
GLUTEN FREE WHITE ROLLS		Family Cake Slices	£1.70
Choice of Tuna/Chicken/ Hummus Gluten Free White Rolls	£3.50	THIRST QUENCHING DRINKS	
FAB CRUSTY AND SOFT ROLLS		Cans - Coke,	£0.90
Cheddar & Branston Pickle (v) / Cheddar & Onion (v)	£1.60	Ginger Beer,Fanta,Sprite, Rio, Diet Coke, Coke Zero, Fanta Zero, Sprite Zero	£0.85
Egg Mayo & Cress (v) (df)	£1.60	Sparkling Water 0.70p / Still Water 0.60p	
Cheddar & Tomato (v) / Tuna Mayo & Cucumber (df)	£1.70	Lucozade Original & Orange	£1.15
Ham & Cheddar / Ham & Tomato (df) / Ham & Mustard (df)	£1.70	Ribena	£0.75
Chicken Mayo Sweetcorn Crusty (df)	£1.70	Red Bull £1.60 / Red Bull Sugar Free £1.50	
HEAT ME ROLLS		San Pellegrino / St Helier Soft Drinks 330ml Cans	£0.85
Fish Fingers, Cheese & Tartar Sauce Roll / Double Fried egg Roll (v)	£2.10	Sun Magic Fruit Juices x500ml	£1.40
Bacon Roll / Sausage Roll / Double Fried egg (v)	£2.20	FILL THE GAP LETS HAVE A SNACK	
Bacon & Egg / Sausage & Egg	£2.30	Burts Crisps, Pipers, M/Munch, Wotsits, S-a-Jacks, Doritos	£0.85
STACKED WRAPS		Walkers Crisps, Quavers	£0.70
Chicken, Spinach, Sweet Chilli & Honey Lime Mayo (df)	£3.50	Pop-Chips	£0.90
Cajun Chicken, Yoghurt & Mint Dressing & Coriander	£3.50	Bare Popcorn & Burts Lentil Waves £0.80 / Chocolate, Snack & Biscuit Bars	£0.75
Hoi-Sin Duck, Red Onion, Cucumber & Iceberg (df)	£3.50	Trek Energy Bars £1.30 N'eat & Healthy Bars £1.10/Eat Nat Bars £1.20	
Falafel, Tabbouleh, Mint Yoghurt & Spinach Wrap (v)	£3.40	Nudie C/nut Flakes £1.30/Snacking Ess £1.30/Snacking Ess Nuts £1.90	
Chicken Fajita in an Original Paninette Wrap	£3.50	Nudie Protein Balls £1.70	

MADE TODAY AND SOLD TODAY & DELIVERED DIRECT TO YOUR DESK!**FOR THE BEST SANDWICH DEALS DELIVERED ON 2 WHEELS! WE ALSO DO PLATTERS!****The Sandwich Man, 23-24 Easton Street, London, WC1X 0DS. Tel: 020 7833 9001**