

THE SANDWICHMAN

FARRINGDON DEPOT 020 7833 9001

LAMBETH DEPOT 020 7582 5144

HAMMERSMITH DEPOT 020 8563 9540

sales@sandwichman.co.uk

SPREADING GOOD FILLINGS SINCE 1984

VALID FROM 30/05/2019

BAGELS		Chicken Fajita in an Original Paninette Wrap	£3.25
Smoked Salmon Cream Cheese Granary Multi Cereal Bagel	£3.25	Beef Meatball Wrap with Spicy Slaw & Homemade Tomato Sauce (df)	£3.30
Bacon, Avocado, Cream Cheese, Tomato & Red Onion in a Plain Bagel	£3.05	Vegan Rainbow Wrap (ve)	£3.30
CRUSTY BAGUETTES		Hummus, Falafel & Grated Carrot Wrap (ve)	£3.15
Spicy Tuna Mexican Baguette	£3.05	Hummus, Aubergines, Roasted Tom, Cori,B/Leaf in W/Meal Paninette (ve)	£3.15
Ham & Cheddar Cheese with Butter	£3.05	HEALTHY SALADS	
BLT Bacon Lettuce Tomato & Mayonnaise	£3.05	Small Salad –Feta Couscous, Chickpea Salsa (v) / Little Veggie Cowboy (v)	£2.80
Bacon & Brie	£3.05	Roast Salmon, Wild Rice, Cranberry & Edamame Salad (gf, df)	£4.80
Chicken & Bacon / Classic Chicken & Mayo Salad	£3.05	Pasta Nicoise Tuna Bowl	£4.40
Chicken Escalope, Chive Aioli & B/Leaf	£3.15	Mango Chicken Bowl (gf, df)	£4.40
Classic Cheddar Cheese & Salad (v)	£2.85	Cajun Chicken & Raw Slaw Salad (gf)	£4.40
Cheddar Cheese & Pickle in a French Baguette (v)	£2.85	Hail Chicken Caesar & Egg Salad	£4.40
MULTICEREAL GRANARY BAGUETTE		Tandoori Chicken Salad Bowl (gf)	£4.40
Tuna Mayo & Cucumber (df)	£3.05	Iron Man Protein Salad (ve)	£4.40
Tuna, Black Olives, Sliced Egg & Leaves (df)	£3.15	Kale & Co (ve, gf)	£4.40
Roast Beef, Horseradish Mayo, Red Onion & Rocket (df)	£3.25	Egg & Spinach Protein Pot (v, df, gf)	£1.20
Brie, Cranberry, Pine Nuts & Rocket (v)	£3.15	FRESH FRUIT & YOGHURTS	
Goats Cheese, Fruit Chutney, Chilli & Spinach (v)	£3.15	Fresh Whole Fruit – Apples / Bananas (ve, gf)	£0.55
Mozzarella, Pesto, Tomato & Basil (v)	£3.05	Fresh Fruit Salad Pots Large (ve, gf)	£2.70
Hummus, Falafel, Grated Carrot & Spinach (v)	£3.05	Fresh Pineapple Pots (ve, gf)	£2.00
OTHER BAGUETTES		Freshly Cut Orange Slices (ve, gf)	£2.20
Roasted Ham, Egg Mayo & Spinach - Heritage Stone-baked (df)	£3.20	Greek Yoghurt with Granola, Banana & Honey (v)	£2.20
4C's Cheddar, Chipotle, Chilli Jam & Coriander in a Heritage S/baked Baguette (v)	£3.20	HOMEMADE HOT MEALS (PRODUCTS MAY NOT BE AVAILABLE EVERY WEEK)	
Home Cooked Ham & Salad in a Rustic Baguette (df)	£3.45	Malaysian Fish Curry (gf) – Week 1	£4.15
Char Grilled Chicken, Low Fat Mayo, Salad Wholemeal Bag (df)	£3.05	Chicken Escalope with Potatoes & Peas – Week 1	£4.15
ASSORTED BAPS		Shepherd's Pie (gf) – Week 1	£4.15
Big Breakfast Bap in a Millar Flaguette Brown Bap	£3.30	Ricotta & Spinach Cannelloni (v) – Week 1	£4.15
Pulled Pork, BBQ Sauce, Chilli Slaw & B/Leaf in a Ciabatta Bap (df)	£3.35	Salmon with Watercress, Peas and Potatoes (gf) – Week 2	£4.15
Chunky Egg Mayo, Tomato & Rocket in a Flaguette Bap (v) (df)	£2.75	Beef Lasagne – Week 2	£4.15
ITALIAN BAGUETTES		Moroccan Chicken Couscous – Week 2	£4.15
Egg Mayo & Bacon (df) / Chorizo & Cheddar / Salami & Smoked Cheese	£3.05	Red Thai Vegetable Curry (v, gf) – Week 2	£4.15
Chicken Mayo, Sweetcorn & B Leaf (df) / Chicken Piri Piri Coriander (df)	£3.05	Tuna Pasta Olives & Capers – Week 3	£4.15
Coronation Chicken & Mixed Leaf (in a Seeded Ital Baguette) (df)	£3.05	Creamy Chicken Mushroom Pasta – Week 3	£4.15
Chicken Mayo & Avocado (df)	£3.15	Thai Green Chicken Curry and Rice – Week 3	£4.15
DOORSTEP BLOOMERS & DEEP FILLED SANDWICHES		Mixed Bean Vegetable Chilli & Rice (v, gf) – Week 3	£4.15
Chicken & Bacon Royale w. Cos Granary Bloomer (df)	£3.15	JACKET POT VARIOUS FILLINGS PRICES FROM	
Chicken Escalope, Italian Coleslaw, Roast Tom, Mayo (df)	£3.15	FRESH HOT SOUP – Wide selection	
Pastrami, Swiss Cheese, Cornichon, Piccalilli, Must Mayo	£3.40	SAVOURY PASTRIES	
Ham, Egg, Mustard & Salad White Bloomer (df)	£3.15	Samosas – Veg (v), Chicken or Lamb	£1.10
Sensational Club Sandwich in a Granary Bread (df)	£3.00	Large Sausage Roll / Vegan Sausage Roll (ve)	£1.80
OTHER SPECIALITY BREADS		Spinach & Ricotta Slice (v)	£1.90
Tuna, Pesto, Mayo, Sun Dried Tom, Parmesan & Rocket Olive Focaccia (df)	£3.15	Chicken Mushroom Slice	£2.10
Serrano Ham, Mozzarella & Tomato on Filoncino Roll	£2.75	TREAT YOURSELF CAKES	
Pan Fried Halloumi, Hummus & Rocket Square Ciabatta (v)	£3.10	Homemade Chocolate Brownie & Flapjacks	£1.50
Hummus Crumbled Feta Jalapeno Pepper in a Sun-Dried Tom Ciabatta (v)	£3.20	Luxury Muffins – Cherry, Blueberry or Chocolate	£1.40
Roast Chicken Mayo Tomato & Baby Leaf in a Square Focaccia (df)	£3.05	Danish Pastries	£1.30
Ham & Emmental in a Large French Butter Croissant	£3.15	Lizzies Flapjacks, Slices & Cookies	£1.20
Cheddar & Tomato in a Large French Butter Croissant (v)	£2.95	Family Cake Slices	£1.60
Large French Butter Croissant (No Filling) (v)	£1.75	THIRST QUENCHING DRINKS	
GLUTEN FREE WHITE ROLLS		Cans - Coke,	£0.90
Choice of Tuna/Chicken/ Hummus Gluten Free White Rolls - New	£3.40	Ginger Beer,Fanta,Sprite, Rio, Diet Coke, Coke Zero, Fanta Zero, Sprite Zero	£0.85
FAB CRUSTY AND SOFT ROLLS		Sparkling Water 0.70p / Still Water 0.55p	
Cheddar & Branston Pickle (v) / Cheddar & Onion (v)	£1.50	Lucozade Original & Orange	£1.15
Egg Mayo & Cress (v) (df)	£1.50	Ribena	£0.75
Cheddar & Tomato (v) / Tuna Mayo & Cucumber (df)	£1.55	Red Bull £1.60 / Red Bull Sugar Free £1.50	
Ham & Cheddar / Ham & Tomato (df) / Ham & Mustard (df)	£1.55	San Pellegrino / St Helier Soft Drinks 330ml Cans	£0.85
Chicken Mayo Sweetcorn Crusty (df)	£1.60	Sun Magic Fruit Juices x500ml	£1.40
HEAT ME ROLLS		FILL THE GAP LETS HAVE A SNACK	
Fish Fingers, Cheese & Tartar Sauce/Bacon/ Sausage/ Double Fried egg	£1.90	Burts Crisps, Pipers, M/Munch, Wotsits, S-a-Jacks, Doritos	£0.85
Bacon & Egg / Sausage & Egg	£2.10	Walkers Crisps, Quavers	£0.70
STACKED WRAPS		Pop-Chips	£0.90
Chicken, Spinach, Sweet Chilli & Honey Lime Mayo (df)	£3.35	Bare Popcorn / Burts Lentil Waves £0.80 / Chocolate, Snack & Biscuit Bars	£0.75
Cajun Chicken, Yoghurt & Mint Dressing & Coriander	£3.35	Trek Energy Bars £1.25 N'eat & Healthy Bars £1.05/Eat Nat Bars £1.15	
Hoi-Sin Duck, Red Onion, Cucumber & Iceberg (df)	£3.25	Nudie C/nut Flakes £1.30/Snacking Ess £1.25/Snacking Ess Nuts £1.85	
Falafel, Tabbouleh, Mint Yoghurt & Spinach Wrap (v)	£3.25	Nudie Protein Balls £1.65	
		Index	
		ve – Vegan v - Vegetarian gf – Gluten Free df – Dairy Free	

MADE TODAY AND SOLD TODAY & DELIVERED DIRECT TO YOUR DESK!

FOR THE BEST SANDWICH DEALS DELIVERED ON 2 WHEELS! WE ALSO DO PLATTERS!

The Sandwich Man, 23-24 Easton Street, London, WC1X 0DS. Tel: 020 7833 9001