

THE SANDWICHMAN

FARRINGDON DEPOT 020 7833 9001

LAMBETH DEPOT 020 7582 5144

HAMMERSMITH DEPOT 020 8563 9540

sales@sandwichman.co.uk



SPREADING GOOD FILLINGS SINCE 1984

VALID FROM 27/03/2019

BAGELS		Chicken Fajita in an Original Paninette Wrap	£3.25
Smoked Salmon Cream Cheese Granary Multi Cereal Bagel	£3.25	Beef Meatball Wrap with Spicy Slaw & Homemade Tomato Sauce	£3.30
Bacon, Avocado, Cream Cheese, Tomato & Red Onion in a Plain Bagel	£3.05	Hummus, Falafel & Grated Carrot Wrap (v)	£3.15
CRUSTY BAGUETTES		Hummus, Aubergines, Roasted Tom, Cori,B/Leaf in W/Meal Paninette (v)	£3.15
Spicy Tuna Mexican Baguette	£3.05	HEALTHY SALADS	
Ham & Cheddar Cheese with Butter	£3.05	Small Salad –Feta Couscous, Chickpea Salsa (v) / Little Veggie Cowboy (v)	£2.80
BLT Bacon Lettuce Tomato & Mayonnaise	£3.05	Roast Salmon, Wild Rice, Cranberry & Edamame Salad	£4.80
Bacon & Brie	£3.05	Pasta Nicoise Tuna Bowl	£4.40
Chicken & Bacon / Classic Chicken & Mayo Salad	£3.05	Mango Chicken Bowl	£4.40
Chicken Escalope, Chive Aioli & B/Leaf	£3.15	Cajun Chicken & Raw Slaw Salad	£4.40
Classic Cheddar Cheese & Salad	£2.85	Hail Chicken Caesar & Egg Salad	£4.40
Cheddar Cheese & Pickle in a French Baguette	£2.85	Tandoori Chicken Salad Bowl	£4.40
MULTICEREAL GRANARY BAGUETTE		Iron Man Protein Salad (v)	£4.40
Tuna Mayo & Cucumber	£3.05	Kale & Co (v)	£4.40
Tuna, Black Olives, Sliced Egg & Leaves	£3.15	Egg & Spinach Protein Pot (v)	£1.20
Roast Beef, Horseradish Mayo, Red Onion & Rocket	£3.25	FRESH FRUIT & YOGHURTS	
Brie, Cranberry, Pine Nuts & Rocket (v)	£3.15	Fresh Whole Fruit – Apples / Bananas	£0.55
Goats Cheese, Fruit Chutney, Chilli & Spinach (v)	£3.15	Fresh Fruit Salad Pots Large	£2.70
Mozzarella, Pesto, Tomato & Basil (v)	£3.05	Fresh Pineapple Pots	£2.00
Humus, Falafel, Grated Carrot & Spinach (v)	£3.05	Freshly Cut Orange Slices	£2.20
OTHER BAGUETTES		Greek Yoghurt with Granola, Banana & Honey	£2.20
Roasted Ham, Egg Mayo & Spinach - Heritage Stone-baked	£3.20	HOMEMADE HOT MEALS (PRODUCTS MAY NOT BE AVAILABLE EVERY WEEK)	
4C's Cheddar, Chipotle, Chilli Jam & Coriander(v) in a Heritage S/baked Baguette	£3.20	Malaysian Fish Curry – Week 1	£4.15
Home Cooked Ham & Salad in a Rustic Baguette	£3.45	Chicken Escalope with Potatoes & Peas – Week 1	£4.15
Char Grilled Chicken, Low Fat Mayo, Salad Wholemeal Bag	£3.05	Shepherd's Pie – Week 1	£4.15
ASSORTED BAPS		Ricotta & Spinach Cannelloni (v) – Week 1	£4.15
Big Breakfast Bap in a Millar Flaguette Brown Bap	£3.30	Salmon with Watercress, Peas and Potatoes – Week 2	£4.15
Pulled Pork, BBQ Sauce, Chilli Slaw & B/Leaf in a Ciabatta Bap	£3.35	Beef Lasagne – Week 2	£4.15
Chunky Egg Mayo, Tomato & Rocket in a Flaguette Bap (v)	£2.75	Moroccan Chicken Couscous – Week 2	£4.15
Spinach & Kale Falafel, Harissa Hummus & Coconut Yoghurt Sauce in a Brown Seeded Bap (v)	£3.40	Red Thai Vegetable Curry (v) – Week 2	£4.15
ITALIAN BAGUETTES		Tuna Pasta Olives & Capers – Week 3	£4.15
Egg Mayo & Bacon / Chorizo & Cheddar / Salami & Smoked Cheese	£3.05	Creamy Chicken Mushroom Pasta – Week 3	£4.15
Chicken Mayo, Sweetcorn & B Leaf / Chicken Piri Piri Coriander	£3.05	Thai Green Chicken Curry and Rice – Week 3	£4.15
Coronation Chicken & Mixed Leaf (in a Seeded Roll)	£3.05	Mixed Bean Vegetable Chilli & Rice (v) – Week 3	£4.15
Chicken Mayo & Avocado	£3.15	JACKET POT VARIOUS FILLINGS PRICES FROM	£3.40
DOORSTEP BLOOMERS & DEEP FILLED SANDWICHES		FRESH HOT SOUP – Wide selection	£2.00
Chicken & Bacon Royale w. Cos Granary Bloomer	£3.15	SAVOURY PASTRIES	
Chicken Escalope, Italian Coleslaw, Roast Tom, Mayo	£3.15	Samosas – Veg (v), Chicken or Lamb	£1.10
Pastrami, Swiss Cheese, Cornichon, Piccalilli, Must Mayo	£3.40	Large Sausage Roll / Vegan Sausage Roll (vegan)	£1.80
Ham, Egg, Mustard & Salad White Bloomer	£3.15	Spinach & Ricotta Slice (v)	£1.90
Sensational Club Sandwich in a Granary Bread	£3.00	Chicken Mushroom Slice	£2.10
OTHER SPECIALITY BREADS		TREAT YOURSELF CAKES	
Tuna, Pesto, Mayo, Sun Dried Tom, Parmesan & Rocket Olive Focaccia	£3.15	Homemade Chocolate Brownie & Flapjacks	£1.50
Serrano Ham, Mozzarella & Tomato on Filoncino Roll	£2.75	Luxury Muffins – Cherry, Blueberry or Chocolate	£1.40
Pan Fried Halloumi, Hummus & Rocket Square Ciabatta (v)	£3.10	Danish Pastries	£1.30
Hummus Crumbled Feta Jalapeno Pepper in a Sun Dried Tom Ciabatta	£3.20	Lizzies Flapjacks, Slices & Cookies	£1.20
Roast Chicken Mayo Tomato & Baby Leaf in a Square Focaccia	£3.05	Family Cake Slices	£1.60
Ham & Emmental in a Large French Butter Croissant	£3.15	THIRST QUENCHING DRINKS	
Cheddar & Tomato in a Large French Butter Croissant (v)	£2.95	Cans - Coke,	£0.90
Large French Butter Croissant (No Filling) (v)	£1.75	Ginger Beer,Fanta,Sprite, Rio, Diet Coke, Coke Zero, Fanta Zero, Sprite Zero	£0.85
GLUTEN FREE WHITE ROLLS		Sparkling Water 0.70p / Still Water 0.55p	
Choice of Tuna/Chicken/ Hummus Gluten Free White Rolls - New	£3.40	Lucozade Original & Orange	£1.15
FAB CRUSTY AND SOFT ROLLS		Ribena	£0.75
Cheddar & Branston Pickle (v) / Cheddar & Onion (v)	£1.50	Red Bull £1.60 / Red Bull Sugar Free £1.50	
Egg Mayo & Cress (v)	£1.50	San Pellegrino / St Helier Soft Drinks 330ml Cans	£0.85
Cheddar & Tomato (v) / Tuna Mayo & Cucumber	£1.55	Sun Magic Fruit Juices x500ml	£1.40
Ham & Cheddar / Ham & Tomato / Ham & Mustard	£1.55	FILL THE GAP LETS HAVE A SNACK	
Chicken Mayo Sweetcorn Crusty	£1.60	Burts Crisps, Pipers, M/Munch, Wotsits, S-a-Jacks, Doritos	£0.85
HEAT ME ROLLS		Walkers Crisps, Quavers	£0.70
Fish Fingers, Cheese & Tartar Sauce/Bacon/ Sausage/ Double Fried egg	£1.90	Pop-Chips	£0.90
Bacon & Egg / Sausage & Egg	£2.10	Bare Popcorn / Burts Lentil Waves £0.80 / Chocolate, Snack & Biscuit Bars	£0.75
STACKED WRAPS		Trek Energy Bars £1.25 N'eat & Healthy Bars £1.05/Eat Nat Bars £1.15	
Chicken, Spinach, Sweet Chilli & Honey Lime Mayo	£3.35	Nudie C/nut Flakes £1.30/Snacking Ess £1.25/Snacking Ess Nuts £1.85	
Cajun Chicken, Yoghurt & Mint Dressing & Coriander	£3.35	Nudie Protein Balls £1.65	
Hoi-Sin Duck, Red Onion, Cucumber & Iceberg	£3.25		
Falafel, Tabbouleh, Mint Yoghurt & Spinach Wrap (v)	£3.25		

MADE TODAY AND SOLD TODAY & DELIVERED DIRECT TO YOUR DESK!
FOR THE BEST SANDWICH DEALS DELIVERED ON 2 WHEELS! WE ALSO DO PLATTERS!
The Sandwich Man, 23-24 Easton Street, London, WC1X 0DS. Tel: 020 7833 9001