

THE SANDWICHMAN

FARRINGDON DEPOT 020 7833 9001

LAMBETH DEPOT 020 7582 5144

HAMMERSMITH DEPOT 020 8563 9540

sales@sandwichman.co.uk

**SPREADING GOOD
FILLINGS SINCE 1984**
VALID FROM 24/04/18

Smoked Salmon Cream Cheese Granary Multi Cereal Bagel £3.25
Bacon, Avocado, Cream Cheese, Tomato & Red Onion in a Plain Bagel £3.05

CRUSTY BAGUETTES

Spicy Tuna Mexican Baguette £3.05
Ham & Cheddar Cheese with Butter £3.05
BLT Bacon Lettuce Tomato & Mayonnaise £3.05
Bacon & Brie £3.05
Chicken & Bacon / Classic Chicken & Mayo Salad £3.05
Chicken Escalope, Chive Aioli & B/Leaf £3.15
Classic Cheddar Cheese & Salad £2.85
Cheddar Cheese & Pickle in a French Baguette £2.85

MULTICEREAL GRANARY BAGUETTE

Tuna Mayo & Cucumber £3.05
Tuna, Black Olives, Sliced Egg & Leaves £3.15
Roast Beef, Horseradish Mayo, Red Onion & Rocket £3.25
Brie, Cranberry, Pine Nuts & Rocket (v) £3.15
Goats Cheese, Fruit Chutney, Chilli & Spinach (v) £3.15
Mozzarella, Pesto, Tomato & Basil (v) £3.05
Hummus, Falafel, Grated Carrot & Spinach (v) £3.05

OTHER BAGUETTES

Smoked Ham, Egg Mayo & Spinach - Heritage Stone-baked £3.20
4C's Cheddar, Chipotle, Chilli Jam & Coriander(v) in a Heritage S/baked Baguette £3.20
Home Cooked Ham & Salad in a Rustic Baguette £3.45
Char Grilled Chicken, Low Fat Mayo, Salad Wholemeal Bag £3.05

ASSORTED BAPS

Big Breakfast Bap in a Millar Flaguette Brown Bap £3.30
Pulled Pork, BBQ Sauce, Chilli Slaw & B/Leaf in a Ciabatta Bap £3.35
Chunky Egg Mayo, Tomato & Rocket in a Flaguette Bap (v) £2.75
Spinach & Kale Falafel, Harissa Hummus & Coconut Yoghurt Sauce in a Brown Seeded Bap (v) - NEW £3.40

ITALIAN BAGUETTES

Egg Mayo & Bacon / Chorizo & Cheddar / Salami & Smoked Cheese £3.05
Chicken Mayo, Sweetcorn & B Leaf / Chicken Piri Piri Coriander £3.05
Coronation Chicken & Mixed Leaf (in a Seeded Roll) £3.05
Chicken Mayo & Avocado £3.15

DOORSTEP BLOOMERS

Chicken & Bacon Royale w. Cos Granary Bloomer £3.15
Chicken Escalope, Italian Coleslaw, Roast Tom, Mayo £3.15
Pastrami, Swiss Cheese, Cornichon, Piccalilli, Must Mayo - NEW £3.40
Ham, Egg, Mustard & Salad White Bloomer £3.15

OTHER SPECIALITY BREADS

Tuna, Pesto, Mayo, Sun Dried Tom, Parmesan & Rocket Olive Focaccia £3.15
Prawn Piri-Piri & Rocket in a Rustic Brown Ciabatta £3.30
Chicken, Coriander Mayo, Avocado & Baby Leaf in a Ciabatta £3.25
Chicken Mayo, Toasted Almonds & Rocket Sun Dried Tom Ciabatta £3.20
Parma Ham, Mozzarella & Tomato on Filoncino Roll £2.75
Pan Fried Halloumi, Hummus & Rocket Square Ciabatta (v) £3.10
Hummus Crumbled Feta Jalapeno Pepper in a Sun Dried Tom Ciabatta £3.20
Roast Chicken Mayo Tomato & Baby Leaf in a Square Focaccia £3.05
Ham & Emmental in a Large French Butter Croissant £3.15
Cheddar & Tomato in a Large French Butter Croissant (v) £2.95
Large French Butter Croissant (No Filling) (v) £1.75

FAB CRUSTY AND SOFT ROLLS

Cheddar & Branston Pickle (v) / Cheddar & Onion (v) £1.50
Egg Mayo & Cress (v) £1.50
Cheddar & Tomato (v) / Tuna Mayo & Cucumber £1.55
Ham & Cheddar / Ham & Tomato / Ham & Mustard £1.55
Chicken Mayo Sweetcorn Crusty £1.60

HEAT ME ROLLS

Fish Fingers, Cheese & Tartar Sauce/Bacon/ Sausage/ Double Fried egg £1.90
Bacon & Egg / Sausage & Egg £2.10

STACKED WRAPS

Chicken, Spinach, Sweet Chilli & Honey Lime Mayo £3.35
Cajun Chicken, Yoghurt & Mint Dressing & Coriander £3.35
Hoi-Sin Duck, Red Onion, Cucumber & Iceberg £3.25

Falafel, Tabbouleh, Mint Yoghurt & Spinach Wrap (v) £3.25
Chicken Fajita in an Original Paninette Wrap £3.25
Hummus, Falafel & Grated Carrot Wrap (v) £3.15
Hummus, Aubergines, Roasted Tom, Cori,B/Leaf in W/Meal Paninette (v) £3.15

HEALTHY SALADS

Small Salad –Feta Couscous, Chickpea Salsa (v) / Little Veggie Cowboy (v) £2.80
Roast Salmon, Wild Rice, Cranberry & Edamame Salad £4.80
Pasta Nicoise Tuna Bowl £4.40
Mango Chicken Bowl £4.40
Cajun Chicken & Raw Slaw Salad £4.40
Hail Chicken Caesar & Egg Salad £4.40
Tandoori Chicken Salad Bowl £4.40
Iron Man Protein Salad (v) £4.40
Kale & Co (v) £4.40
Egg & Spinach Protein Pot (v) £1.20

FRESH FRUIT & YOGHURTS

Fresh Whole Fruit – Apples / Bananas £0.55
Fresh Fruit Salad Pots Large £2.70
Fresh Pineapple Pots £2.00
Freshly Cut Orange Slices £2.20
Greek Yoghurt with Granola, Banana & Honey £2.20

HOMEMADE HOT MEALS (PRODUCTS MAY NOT BE AVAILABLE EVERY WEEK)

Beef Stir Fried Noodles – Week 1 £4.15
Chicken Tandoori with Spicy Potatoes – Week 1 £4.15
Chicken Escalope, Spaghetti Napoli & Mozzarella Bocconcini – Week 1 £4.15
Chunky Vegetable Tagine, Chickpeas & Couscous (v) – Week 1 £4.15
Salmon with Watercress, Peas and Potatoes – Week 2 £4.15
Chicken Noodle Stir Fry – Week 2 £4.15
Lamb Rogan Josh & Rice – Week 2 £4.15
Vegetable Curry, Vegetable Samosa & Rice (v) – Week 2 £4.15
Fish Fingers, Roast Potatoes, Peas & Tartare Sauce – Week 3 £4.15
Penne Napoli Beef Meatballs & Mozzarella – Week 3 £4.15
Sweet Chilli Chicken with a Special Egg Fried Rice – Week 3 £4.15
Lentil Ragu & Sweet Potato Mash (v) – Week 3 £4.15

JACKET POT VARIOUS FILLINGS PRICES FROM

£3.40
FRESH HOT SOUP – Wide selection £2.00

SAVOURY PASTRIES

Samosas – Veg (v), Chicken or Lamb £1.10
Large Sausage Roll £1.80
Spinach & Ricotta Slice (v) £1.90
Chicken Mushroom Slice £2.10

TREAT YOURSELF CAKES

Homemade Chocolate Brownie & Flapjacks £1.50
Luxury Muffins – Cherry, Blueberry or Chocolate £1.40
Danish Pastries £1.30
Lizzies Flapjacks, Slices & Cookies £1.20
Family Cake Slices £1.60

THIRST QUENCHING DRINKS

Cans - Coke, Diet Coke, Coke Life, Ginger Beer, Fanta, Sprite, Rio £0.70
Coke Zero, Fanta Zero, Sprite Zero, Sparkling Water £0.70
Still Water £0.55
Alibi Lemon & Lime, Pomegranate, Blueberry £1.45
Lucozade Original & Orange £1.15
Ribena £0.75
Red Bull, Red Bull Sugar Free £1.45
San Pellegrino / St Helier Soft Drinks 330ml Cans £0.85
Bene Natural Juices £1.30
Daymer Bay Iced Green Tea £1.30

FILL THE GAP LETS HAVE A SNACK

Burts Crisps, Pipers, M/Munch, Wotsits, S-a-Jacks, Doritos £0.85
Walkers Crisps, Quavers £0.70
Pop-Chips £0.90
Bare Popcorn / Burts Lentil Waves £0.80
Olly's Healthy Bars £1.99
Chocolate, Snacks & Biscuit Bars £0.75
Nakd Bars £1.15 / Trek Protein & Energy Bars £1.25
N'eat & Healthy Bars £1.05 / Eat Natural Bars £1.15
Nudie Toasted Coconut Flakes £1.30
Snacking Essentials £1.25 / Snacking Essential Nuts £1.85

MADE TODAY AND SOLD TODAY & DELIVERED DIRECT TO YOUR DESK!
FOR THE BEST SANDWICH DEALS DELIVERED ON 2 WHEELS! WE ALSO DO PLATTERS!
The Sandwich Man, 23-24 Easton Street, London, WC1X 0DS. Tel: 020 7833 9001