

## THE SANDWICHMAN

FARRINGDON DEPOT 020 7833 9001  
LAMBETH DEPOT 020 7582 5144  
HAMMERSMITH DEPOT 020 8563 9540  
[sales@sandwichman.co.uk](mailto:sales@sandwichman.co.uk)



**SPREADING GOOD  
FILLINGS SINCE 1984**  
VALID FROM 06/10/2016

### GRANARY MULTI-CEREAL BAGEL

Smoked Salmon Cream Cheese Granary Bagel £3.15

### CRUSTY BAGUETTES

Ham & Cheddar Cheese with Butter £2.95

Bacon & Brie £2.95

Chicken & Bacon / Classic Chicken & Mayo Salad £2.95

Chicken Escalope, Chive Aioli & B/Leaf £3.05

Classic Cheddar Cheese & Salad £2.75

Cheddar Cheese & Pickle in a French Baguette £2.75

### MULTICEREAL GRANARY BAGUETTE

Tuna Mayo & Cucumber £2.95

Tuna, Black Olives, Sliced Egg & Leaves £3.05

Roast Beef, Horseradish Mayo, Red Onion & Rocket £3.15

Brie, Cranberry, Pine Nuts & Rocket (v) £3.05

Goats Cheese, Fruit Chutney, Chilli & Spinach (v) £3.05

Mozzarella, Pesto, Tomato & Basil (v) £2.95

Houmous, Falafel, Grated Carrot & Spinach (v) £2.95

### OTHER BAGUETTES

Smoked Ham, Egg Mayo & Spinach - Heritage Stone-baked £3.10

4C's Cheddar, Chipotle, Chilli Jam & Coriander (v) in a Heritage S/baked Baguette £3.10

Home Cooked Ham & Salad in a Rustic Baguette £3.35

Char Grilled Chicken, Low Fat Mayo, Salad Wholemeal Bag £2.95

### ASSORTED BAPS

Pulled Pork, BBQ Sauce, Chilli Slaw & B/Leaf in a Ciabatta Bap £3.25

Cheddar, Fruit Chutney, Red Onion & Cos Lettuce in Flaguette Bap (v) £2.75

Chunky Egg Mayo, Tomato & Rocket in a Flaguette Bap (v) 7 £2.65

### ITALIAN BAGUETTES

Egg Mayo & Bacon / Chorizo & Cheddar / Salami & Smoked Cheese £2.95

Chicken Mayo, Sweetcorn & B Leaf / Chicken Piri Piri Coriander £2.95

Coronation Chicken & Mixed Leaf (in a Seeded Roll) £2.95

Chicken Mayo & Avocado £3.05

Free Range Egg Mayo & Cress in a Italian Baguette (v) £2.95

### DOORSTEP BLOOMERS

Chicken & Bacon Royale w. Cos Granary Bloomer £3.05

Chicken Escalopes, Italian Coleslaw, Roast Tom, Mayo £3.05

Ham, Egg, Mustard & Salad White Bloomer £3.05

### OTHER SPECIALITY BREADS

Tuna, Pesto, Mayo, Sun Dried Tom, Parmesan & Rocket Olive Focaccia £3.05

Prawn Piri-Piri & Rocket in a Rustic Brown Ciabatta £3.20

Roast Salmon, Tartare Sauce & Iceberg £3.20

Chicken, Coriander Mayo, Avocado & Baby Leaf in a Ciabatta £3.15

Chicken Mayo, Toasted Almonds & Rocket Sun Dried Tom Ciabatta £3.10

Turkey, 3 Mustard Mayo & Salad in a Deli Sub Roll £2.85

Parma Ham, Mozzarella & Tomato on Filoncino Roll £2.65

Pan Fried Halloumi, Houmous & Rocket Square Ciabatta (v) £3.00

Houmous Crumbled Feta Jalapeno Pepper in a Sun Dried Tom Ciabatta £3.10

Roast Chicken Tarragon Mayo Tomato & Baby Leaf in a Square Focaccia £2.95

Roast Pork, Spicy Apple Chutney & Cos on Petit Pain Rustic £3.05

Ham & Emmental in a Large French Butter Croissant £3.05

Cheddar & Tomato in a Large French Butter Croissant (v) £2.85

Large French Butter Croissant (No Filling) (v) £1.65

Chorizo & Smoked Cheese Pretzel Twist £2.45

### FAB CRUSTY AND SOFT ROLLS

Cheddar & Branston Pickle (v) / Cheddar & Onion (v) £1.45

Egg Mayo & Cress £1.45

Cheddar & Tomato (v) / Tuna Mayo & Cucumber £1.50

Ham & Cheddar / Ham & Tomato / Ham & Mustard £1.50

Chicken Mayo Sweetcorn Crusty £1.55

### HEAT ME ROLLS

Fish Fingers, Cheese & Tartar Sauce/ Bacon/ Sausage £1.85

### TRADITIONAL TRIANGLE SANDWICHES

Chicken & Bacon Club in a Deep Fill Thick Sandwich £2.90

Cheddar & Salad in a Wholemeal Med Sandwich (v) £1.90

### STACKED WRAPS

Chicken, Spinach, Sweet Chilli & Honey Lime Mayo £3.25

Cajun Chicken, Yoghurt & Mint Dressing & Coriander £3.25

Jimmy's Satay Chicken £3.25

Hoi-Sin Duck, Red Onion, Cucumber & Iceberg £3.15

Falafel, Tabbouleh, Mint Yoghurt & Spinach (v) £3.15

Chicken Fajita in an Original Paninette Wrap £3.25

Houmous, Aubergines, Roasted Tom, Cori, B/Leaf in W/Meal Paninette (v) £3.05

### HEALTHY SALADS

Roast Salmon, Wild Rice & Cranberry £4.40

Pasta Pesto with Chicken £2.60

Protein Power Salad £3.10

Summer Chicken Noodle Salad £4.00

Mozzarella and Grilled Vegetables (v) £3.60

3 Colour Quinoa, Beetroot & Chickpea Salad (v) £2.70

Greek Salad Couscous & Rocket (v) £2.50

Lebanese Lunch Mix (v) £3.90

Greek Feta & Spinach Filo Pastry Pie and Salad (v) £3.90

Egg & Spinach Protein Pot (v) £1.10

### FRESH FRUIT & YOGHURTS

Fresh Whole Fruit – Apples / Bananas £0.50

Fresh Fruit Salad Pots Large £2.60

Fresh Pineapple Pots £1.90

Fresh Seedless Grapes £2.20

Greek Yoghurt with Granola, Banana & Honey £2.10

### HOMEMADE HOT MEALS (PRODUCTS MAY NOT BE AVAILABLE EVERY WEEK)

Salmon with Watercress, Peas and Potatoes £3.95

Chicken Escalope with Potatoes £3.95

Spaghetti with Beefy Bolognese £3.95

Beef Meatballs Indian Curry Sauce and Rice £3.95

Stuffed Peppers with Rice & Lamb £3.95

Thai Green Chicken Curry and Rice £3.95

Mixed Vegetable Cheese Frittata £3.95

Penne Fiorentina, with Mozzarella, Tom & Spinach £3.95

**JACKET POT VARIOUS FILLINGS PRICES FROM £3.30**

**FRESH HOT SOUP – Wide selection £1.75**

### SAVOURY PASTRIES

Samosas – Veg (v), Chicken or Lamb £1.00

Large Sausage Roll £1.70

Spinach & Ricotta Slice (v) £1.80

Chicken Mushroom Slice £2.00

### TREAT YOURSELF CAKES

Homemade Chocolate Brownie & Flapjacks £1.40

Luxury Muffins – Cherry, Blueberry or Chocolate £1.30

Danish Pastries £1.20

Lizzies Flapjacks, Slices & Cookies £1.10

Family Cake Slices £1.50

### THIRST QUENCHING DRINKS

Cans - Coke, Diet Coke, Coke Life, Ginger Beer, Fanta, Sprite, Rio £0.65

Coke Zero, Fanta Zero, Sprite Zero, Sparkling Water £0.65

Still Water £0.50

Alibi Lemon & Lime, Pomegranate, Blueberry £1.40

Lucozade Original & Orange £1.10

Ribena £0.70

Red Bull, Red Bull Sugar Free £1.40

San Pellegrino 330ml Can £0.80

Bene Natural Juices £1.25

Daymer Bay Iced Green Tea £1.25

### FILL THE GAP LETS HAVE A SNACK!

Salty Dogs, Pipers, M/Munch, Wotsits, S-a-Jacks, Doritos £0.80

Walkers Crisps, Quavers £0.65

Pop-Chips £0.85

Bare Popcorn £0.75

Pumpkin Tree Toasted Oat Crush £1.99

Chocolate, Snacks & Biscuit Bars £0.70

Nakd Bars £1.10 / Trek Protein & Energy Bars £1.20

N'eat & Healthy Bars £1.00 / Eat Natural Bars £1.10

Snacking Essentials £1.20 / Snacking Essential Nuts £1.80

**MADE TODAY AND SOLD TODAY & DELIVERED DIRECT TO YOUR DESK!**  
**FOR THE BEST SANDWICH DEALS DELIVERED ON 2 WHEELS! WE ALSO DO PLATTERS!**  
**The Sandwich Man, 23-24 Easton Street, London, WC1X 0DS. Tel: 020 7833 9001**