SANDWICHMAN

FARRINGDON DEPOT 020 7833 9001 LAMBETH DEPOT 020 7582 5144 HAMMERSMITH DEPOT 020 8563 9540

sales@thesandwichmanlondon.com



SPREADING GOOD FILLINGS SINCE 1984

UPDATED 05/08/2016

GRANARY MULTI-CEREAL BAGEL		STACKED WDADS (CONTINUED)	
Smoked Salmon Cream Cheese Granary Bagel	£3.15	STACKED WRAPS (CONTINUED) Hoi-Sin Duck, Red Onion, Cucumber & Iceberg	£3.15
CRUSTY BAGUETTES	23113	Falafel, Tabbouleh, Mint Yoghurt & Spinach (v)	£3.15
Ham & Cheddar Cheese with Butter	£2.95	Chicken Fajita in an Original Paninette Wrap	£3.25
Bacon & Brie	£3.05	Houmus, Aubo,Rst Tom,Cor,B/Leaf in W/Meal Paninette (v)	£3.05
Chicken & Bacon / Classic Chicken & Mayo Salad	£2.95	HEALTHY SALADS	25.05
Chicken Escalope, Chive Aioli & B/Leaf	£3.05	Roast Salmon, Wild Rice & Cranberry	£4.40
Classic Cheddar Cheese & Salad	£2.75	Pasta Pesto with Chicken	£2.60
MULTICEREAL GRANARY BAGUETTE		Protein Power Salad	£3.10
Tuna Mayo & Cucumber	£2.95	Summer Chicken Noodle Salad	£4.00
Tuna, Black Olives, Sliced Egg & Leaves	£3.05	Mozzarella and Grilled Vegetables (v)	£3.60
Roast Beef, Horseradish Mayo, Red Onion & Rocket	£3.15	3 Colour Quinoa, Beetroot & Chickpea Salad (v)	£2.70
Brie, Cranberry, Pine Nuts & Rocket (v)	£3.05	Greek Salad Couscous & Rocket (v)	£2.50
Goats Cheese, Fruit Chutney, Chilli & Spinach (v)	£3.05	Lebanese Lunch Mix (v)	£3.90
Mozzarella, Pesto, Tomato & Basil (v)	£2.95	Summer Picnic Snack Box (v)	£2.90
Houmus, Falafel, Grated Carrot & Spinach (v)	£2.95	Egg & Spinach Protein Pot (v)	£1.10
OTHER BAGUETTES		FRESH FRUIT & YOGHURTS	
Smoked Ham, Egg Mayo & Spinach - Heritage Stone-baked	£3.10	Fresh Whole Fruit – Apples / Bananas	£0.50
4C's Cheddar, Chipotle, Chilli Jam &Coriander(v) in a Heritage	£3.10	Fresh Fruit Salad Pots Large	£2.60
S/baked Baguette	23.10	Fresh Pineapple Pots	£1.90
Home Cooked Ham & Salad in a Rustic Baquette	£3.35	Fresh Watermelon	£2.00
Char Grilled Chicken, Low Fat Mayo, Salad Wholemeal Bag	£2.95	Greek Yoghurt with Granola, Banana & Honey	£2.10
ASSORTED BAPS	22.55	HOMEMADE HOT MEALS	
Pulled Pork, BBQ Sce, Chilli Slaw & B/Leaf in a Ciabatta Bap	£3.25	Salmon with Watercress, Peas and Potatoes	£3.95
Cheddar, Fruit Chutney, Red Onion & Cos Lettuce in a	£2.75	Chicken Escalope with Potatoes	£3.95
Flaguette Bap (v)	L2.73	Spaghetti with Beefy Bolognese	£3.95
Chunky Egg Mayo, Tomato & Rocket in a Flaguette Bap (v)	£2.65	Full English Breakfast	£3.95
ITALIAN BAGUETTES	22.03	Stuffed Peppers with Rice & Lamb Roast Chicken with Potatoes & Vegetables	£3.95 £3.95
Egg Mayo & Bacon / Chorizo & Cheddr / Salami & Smkd Ch.	£2.95	Mixed Vegetable Cheese Frittata	£3.95
Chicken Mayo, Swtcorn & B Leaf / Chicken Piri Piri Coriander	£2.95	Penne Fiorentina, with Mozz, Tom & Spinach	£3.95
Coronation Chicken & Mixed Leaf (in a Seeded Roll)	£2.95	JACKET POT VARIOUS FILLINGS PRICES FROM	£3.30
Chicken Mayo & Avocado	£3.05	FRESH HOT SOUP – Wide selection	£1.75
DOORSTEP BLOOMERS	25.05	SAVOURY PASTRIES	
Chicken & Bacon Royale w. Cos Granary Bloomer	£3.05	Samosas – Veg (v), Chicken or Lamb	£1.00
Chicken Escalopes, Italian Coleslaw, Roast Tom, Mayo	£3.05	Large Sausage Roll Spinach & Ricotta Slice (v)	£1.70 £1.80
Ham, Egg, Mustard & Salad White Bloomer	£3.05	Chicken Mushroom Slice	£2.00
OTHER SPECIALITY BREADS		TREAT YOURSELF CAKES	
Tuna, Pesto, Mayo, Sun Drd Tom, Prmsn & Rckt Olive Focc	£3.05	Homemade Chocolate Brownie & Flapjacks	£1.40
Prawn Piri-Piri & Rocket in a Rustic Brown Ciabatta	£3.20	Luxury Muffins – Cherry, Blueberry or Chocolate	£1.30
Bacon, Lettuce, Tomato, Red Onion in a Ciabatta	£3.05	Danish Pastries	£1.20
Chicken, Coriander Mayo, Avocado & Baby Leaf in a Ciabatta	£3.15	Lizzies Flapjacks, Slices & Cookies	£1.10
Chicken Mayo, Tsted Almonds & Rocket S/Dried Tom Ciabatta	£3.10	Family Cake Slices THIRST QUENCHING DRINKS	£1.50
Turkey, 3 Mustard Mayo & Salad in a Deli Sub Roll	£2.85	Cans - Coke, Diet Coke, Coke Life, Ginger Beer, Fanta, Sprite, Rio	£0.65
Parma Ham, Mozzarella & Tomato on Filoncino Roll	£2.65	Coke Zero, Fanta Zero, Sprite Zero, Sparkling Water	£0.65
Pan Fried Halloumi, Houmus & Rocket Square Ciabatta (v)	£3.00	Still Water	£0.50
Roast Pork, Spicy Apple Chutney & Cos on Petit Pain Rustic	£3.05	Alibi Lemon & Lime, Pomegranate, Blueberry	£1.40
Ham & Emmental in a Large French Butter Croissant	£3.05	Lucozade Original & Orange	£1.10
Large French Butter Croissant (No Filling) (v)	£1.65	Ribena	£0.70
Chorizo & Smoked Cheese Pretzel Twist	£2.45	Red Bull, Red Bull Sugar Free San Pellegrino 330ml Can	£1.40 £0.80
FAB CRUSTY AND SOFT ROLLS		Bene Natural Juices	£1.25
Cheddar & Branston Pickle (v) / Cheddar & Onion (v)	£1.45	Daymer Bay Iced Green Tea	£1.25
Egg Mayo & Cress	£1.45	FILL THE GAP LETS HAVE A SNACK!	
Cheddar & Tomato (v) / Tuna Mayo & Cucumber	£1.50	Salty Dogs, Pipers, M/Munch, Wotsits, S-a-Jacks, Doritos	£0.80
Ham & Cheddar / Ham & Tomato / Ham & Mustard	£1.50	Walkers Crisps, Quavers	£0.65
Chicken Mayo Sweetcorn Crusty	£1.55	Pop-Chips	£0.85
HEAT ME ROLLS		Tyrells Popcorn	£0.75 £1.99
Fish Fingers, Cheese & Tartar Sauce/ Bacon/ Sausage	£1.85	Pumpkin Tree Toasted Oat Crush Chocolate, Snacks & Biscuit Bars	£0.70
TRADITIONAL TRIANGLE SANDWICHES		Nakd Bars	£1.10
Chicken & Bacon Club in a Deep Fill Thick Sandwich	£2.90	N'eat & Healthy Bars	£1.00
Cheddar & Salad in a Wholemeal Med Sandwich (v)	£1.90	Snacking Essentials £1.20 / Snacking Essential Nuts £1.80	
STACKED WRAPS		Trek Protein & Energy Bars	£1.20
Chicken, Spinach, Sweet Chilli & Honey Lime Mayo	£3.25	Eat Natural Bars	£1.10
Cajun Chicken, Yoghurt & Mint Dressing & Coriander	£3.25		
Jimmy's Satay Chicken	£3.25		