

**SANDWICHMAN**  
 FARRINGDON DEPOT 020 7833 9001  
 LAMBETH DEPOT 020 7582 5144  
 HAMMERSMITH DEPOT 020 8563 9540  
 sales@sandwichman.co.uk



**SPREADING GOOD  
 FILLINGS SINCE 1984**

UPDATED 16/05/2016

**GRANARY MULTI-CEREAL BAGEL**

Smoked Salmon Cream Cheese Granary Bagel £3.15

**CRUSTY BAGUETTES**

Ham & Cheddar Cheese with Butter £2.95

Bacon & Brie £3.05

Chicken & Bacon / Classic Chicken & Mayo Salad £2.95

Chicken Escalope, Chive Aioli & B/Leaf £3.05

Classic Cheddar Cheese & Salad £2.75

**MULTICEREAL GRANARY BAGUETTE**

Tuna Mayo & Cucumber £2.95

Tuna, Black Olives, Sliced Egg & Leaves £3.05

Roast Beef, Horseradish Mayo, Red Onion & Rocket £3.15

Brie, Cranberry, Pine Nuts & Rocket (v) £3.05

Goats Cheese, Fruit Chutney, Chilli & Spinach (v) £3.05

Mozzarella, Pesto, Tomato & Basil (v) £2.95

Houmous, Falafel, Grated Carrot & Spinach (v) £2.95

**OTHER BAGUETTES**

Smoked Ham, Egg Mayo & Spinach - Heritage Stone-baked £3.10

4C's Cheddar, Chipotle, Chilli Jam & Coriander(v) in a £3.10

Heritage S/baked Baguette

Home Cooked Ham & Salad in a Rustic Baguette £3.35

Char Grilled Chicken, Low Fat Mayo, Salad Wholemeal Bag £2.95

**ASSORTED BAPS**

Pulled Pork, BBQ Sce, Chilli Slaw & B/Leaf in a Ciabatta Bap £3.25

Cheddar, Fruit Chutney, Red Onion & Cos Lettuce in a £2.75

Flaguette Bap (v)

Chunky Egg Mayo, Tomato & Rocket in a Flaguette Bap (v) £2.65

**ITALIAN BAGUETTES**

Egg Mayo & Bacon / Chorizo & Cheddar / Salami & Smkd Ch. £2.95

Chicken Mayo, Swtcorn & B Leaf / Chicken Piri Piri Coriander £2.95

Coronation Chicken & Mixed Leaf (in a Seeded Roll) £2.95

Chicken Mayo & Avocado £3.05

**DOORSTEP BLOOMERS**

Chicken & Bacon Royale w. Cos Granary Bloomer £3.05

Chicken Escalopes, Italian Coleslaw, Roast Tom, Mayo £3.05

Ham, Egg, Mustard & Salad White Bloomer £3.05

**OTHER SPECIALITY BREADS**

Bacon, Lettuce, Tomato, Red Onion in a Ciabatta £3.05

Chicken, Coriander Mayo, Avocado & Baby Leaf in a Ciabatta £3.15

Pan Fried Halloumi, Houmous & Rocket Square Ciabatta (v) £3.00

Chicken Mayo, Tsted Almonds & Rocket S/Dried Tom Ciabatta £3.10

Parma Ham, Mozzarella & Tomato on Filoncino Roll £2.65

Tuna, Pesto, Mayo, Sun Drd Tom, Prmsn & Rckt Olive Focc £3.05

Roast Pork, Spicy Apple Chutney & Cos on Petit Pain Rustic £3.05

Roasted Salmon, Tartare Sauce in a Sunflower Seed Torpedo £3.35

Ham & Emmental in a Large French Butter Croissant £3.05

Large French Butter Croissant (No Filling) (v) £1.65

Ham & Cheddar Pretzel Twist £2.45

Chorizo & Smoked Cheese Pretzel Twist £2.45

**FAB CRUSTY AND SOFT ROLLS**

Cheddar & Branston Pickle (v) / Cheddar & Onion (v) £1.45

Egg Mayo & Cress £1.45

Cheddar & Tomato (v) / Tuna Mayo & Cucumber £1.50

Ham & Cheddar / Ham & Tomato / Ham & Mustard £1.50

Chicken Mayo Sweetcorn Crusty £1.55

**HEAT ME ROLLS**

Fish Fingers, Cheese & Tartar Sauce/ Bacon/ Sausage £1.85

**TRADITIONAL TRIANGLE SANDWICHES**

Chicken & Bacon Club in a Deep Fill Thick Sandwich £2.90

Cheddar & Salad in a Wholemeal Med Sandwich (v) £1.90

**STACKED WRAPS**

Chicken, Spinach, Sweet Chilli & Honey Lime Mayo £3.25

Cajun Chicken, Yoghurt & Mint Dressing & Coriander £3.25

Jimmy's Satay Chicken £3.25

**STACKED WRAPS (CONTINUED)**

Hoi-Sin Duck, Red Onion, Cucumber & Iceberg £3.15

Falafel, Tabbouleh, Mint Yoghurt & Spinach (v) £3.15

Chicken Fajita in an Original Paninette Wrap £3.25

Houmous, Aubo, Rst Tom, Cor, B/Leaf in W/Meal Paninette (v) £3.05

**HEALTHY SALADS**

Tuna Italiano Pasta Salad £3.65

Roast Salmon, Wild Rice & Cranberry £4.40

Big Chicken Salad Box £4.15

Grilled Halloumi & Chorizo £2.70

Pasta Pesto with Chicken £2.60

Protein Power Salad £3.10

Crumbled Falafel & Feta Meze Salad (v) £3.65

Greek Salad Couscous & Rocket (v) £2.50

Egg & Spinach Protein Pot (v) £1.10

**FRESH FRUIT & YOGHURTS**

Fresh Whole Fruit – Apples / Bananas £0.50

Fresh Fruit Salad Pots Large £2.60

Fresh Pineapple Pots £1.90

Greek Yoghurt with Granola, Banana & Honey £2.10

**HOMEMADE HOT MEALS**

Salmon with Watercress, Peas and Potatoes £3.95

Chicken Escalope with Potatoes £3.95

Spaghetti with Beefy Bolognese £3.95

Full English Breakfast £3.95

Stuffed Peppers with Rice & Lamb £3.95

Roast Chicken with Potatoes & Vegetables £3.95

Penne Fiorentina, with Mozz, Tom & Spinach £3.95

**JACKET POT VARIOUS FILLINGS PRICES FROM** £3.30

**FRESH HOT SOUP – Wide selection** £1.75

**SAVOURY PASTRIES**

Samosas – Veg (v), Chicken or Lamb £1.00

Large Sausage Roll £1.70

Spinach & Ricotta Slice (v) £1.80

Chicken Mushroom Slice £2.00

**TREAT YOURSELF CAKES**

Homemade Chocolate Brownie & Flapjacks £1.40

Luxury Muffins – Cherry, Blueberry or Chocolate £1.30

Danish Pastries £1.20

Lizzies Flapjacks, Slices & Cookies £1.10

Family Cake Slices £1.50

**THIRST QUENCHING DRINKS**

Cans - Coke, Diet Coke, Coke Life, Ginger Beer, Fanta, Sprite, Rio £0.65

Coke Zero, Fanta Zero, Sprite Zero, Sparkling Water £0.65

Still Water £0.50

Alibi Lemon & Lime, Pomegranate, Blueberry £1.40

Lucozade Original & Orange £1.10

Ribena £0.70

Red Bull, Red Bull Sugar Free £1.40

San Pellegrino 330ml Can £0.80

Bene Natural Juices £1.25

Daymer Bay Iced Green Tea £1.25

Sam & Jo's Fruit Drink Company £1.25

**FILL THE GAP LETS HAVE A SNACK!**

Salty Dogs, Pipers, M/Munch, Wotsits, S-a-Jacks, Doritos £0.80

Walkers Crisps, Quavers £0.65

Salty Dog Cheddary Biscuits £0.70

Pop-Chips £0.85

Tyrells Popcorn £0.75

Chocolate, Snacks & Biscuit Bars £0.70

Nakd Bars £1.10

N'eat & Healthy Bars £1.00

Snacking Essentials £1.20 / Snacking Essential Nuts £1.80

Trek Protein & Energy Bars £1.20

Eat Natural Bars £1.10

**MADE TODAY AND SOLD TODAY DELIVERED DIRECT TO YOUR DESK!  
 WE ALSO DO PLATTERS!  
 The Sandwich Man, 23-24 Easton Street, London, WC1X 0DS. Tel: 020 7833 9001**